Dragon Training Workbook
Version 15
by Alexandria Carstens of Speakeasy Solutions Inc.

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This workbook is for persons using Dragon Version 15, and who receive training from Speakeasy Solutions Inc.

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WARNING: When using speech recognition on an ongoing basis, please endeavour to maintain a healthy voice. The possibility of vocal strain is very real if you speak quite a bit throughout the day.

In order to prevent potential stress to the vocal cords, keep them lubricated. Vocal cord lubrication is achieved most effectively by drinking large amounts of water. As a couple of hours must pass for the vocal cords to absorb the water you drink, you should begin drinking water early in the morning, or as soon as you wake up.

Take care when drinking liquids with caffeine, alcohol, or sugar as each of these substances dehydrate your body and your vocal cords, leaving you susceptible to vocal strain. Room temperature water is the best to drink; therefore, you may wish to keep a jug of water near your desk at all times. Refill your cup or water bottle from the jug and when the jug is empty, refill it from your main water source.

Speakeasy Solutions

This workbook is not intended to replace training and guidance from a professional Dragon Trainer. This workbook is designed for use as an adjunct to the training program given, and as a resource after training is complete.

As always, feel free to contact Speakeasy Solutions Inc. with any questions or concerns that you have at any time. Thank you.

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Dragon® Professional

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Please contact Speakeasy Solutions Inc. should you require additional licenses of Dragon.

Contents

Visual Format of Workbook 20

A. Creating a User Profile 23

1. Microphone Placement 23

2. Creating a New User Profile 23

i. User Profile Name 23

ii. Speech Options (Region) 24

iii. Speech Options (Accent) 25

iv. Audio Device 25

v. Microphone Check 26

vi. Dragon Tips 28

vii. Read Training Text to Improve Accuracy 29

viii. Personalize Your Vocabulary 29

B. Beginning to Use Dragon 31

1. The Basic Concept of Speech Recognition 31

i. Evolution of Input 31

ii. How Dragon Works 31

iii. What is a User Profile? 31

iv. Reasons for Speech Recognition 31

v. Computer Overuse 32

vi. Vocal Strain 32

vii. Ideally 32

viii. Power Speech Recognition Use 32

2. Starting Dragon 33

i. When to Start Dragon 33

ii. Opening a User Profile 33

iii. Vocabulary 33

iv. Location of User Profiles 33

v. Switching a User Profile 34

vi. Which User Profile Is Open 34

vii. Closing a User Profile 34

viii. Dictation Source 34

3. Dragon Setup 35

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i. Main Options 35

ii. Auto-Formatting Options 45

iii. Administrative Settings 46

4. Speaking 48

i. Where to Speak 48

ii. How to Speak (Quick, Clear, Complete & Continuous) 48

iii. Water 49

iv. Speaking Dictation 49

v. Speaking Commands 49

5. Microphone Control 50

6. DragonBar 51

i. New/Modern DragonBar 51

ii. Classic DragonBar 52

iii. DragonBar in System Tray (as Tray Icon) 53

iv. Extras Bar 54

7. Dictating Spaces & Punctuation 54

i. Dictating Spaces 54

ii. Dictating Punctuation 55

8. Results Box 56

i. Two Preliminary Results Variants 56

ii. Show Preliminary Results Enabled 56

iii. Show Preliminary Results Disabled 56

iv. Command Recognition Results 56

v. Dictation Context Menu 57

vi. Dragon Does Not Understand You 57

vii. Contextually Speaking 57

9. Recognition History 57

C. Editing Text 59

1. Editing Defined 59

2. Full Text Control 59

i. Introduction 59

ii. Availability 60

3. Moving the Cursor & Inserting Text 60

i. Introduction 60

ii. Essential Navigation Commands 61

iii. General Positioning 62

4. Selecting & Replacing Text 63

i. Introduction 63

ii. Selecting Specific Text 63

iii. Selecting from the Current Cursor Position 64

iv. Additional Selection Concepts 64

v. Multiple Text Matches 65

5. Deleting Text 66

i. Introduction 66

ii. Deleting Specific Text 66

iii. Immediate Deletion After Dictating 68

iv. Resume With 68

v. Deleting from the Current Cursor Position 69

vi. Undo That vs. Scratch That 69

vii. Backspace 70

6. Cutting, Copying & Pasting 71

i. Cut & Copy Specific Text 71

ii. Step by Step Cut, Copy & Paste 72

iii. Cutting & Copying from the Current Cursor Position 72

iv. Mouse Users 72

v. Copying Text into Another Document 73

7. Capitalizing Text 73

i. Introduction 73

ii. When to Capitalize 73

iii. Command Structure 73

iv. Capitalizing as Needed 74

v. Capitalizing Specific Text 74

vi. Capitalizing After the Fact 75

vii. Turning Capitalization on and off 75

viii. Adding Capitalized Phrases 76

ix. Methodology 77

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8. When to Best Use Which Command Method within Each Editing Function 78

i. Introduction 78

ii. "<something> (word(s))" or "<something> (first two words) to (last two words)" 78

iii. Strategic "<something> that" 78

iv. "select (word(s))" & "<something> that" 78

v. Summary 79

D. Correcting Text 81

1. Editing versus Correcting Clarified 81

i. Introduction 81

ii. Human Error Versus Dragon Error 81

iii. The Purpose of Correction 81

iv. Select or Correct 81

2. Correction Methods 82

i. Initiating Correction 82

ii. What to Correct 83

iii. Choosing the Correct Word or Phrase 83

iv. How Dragon Learns 84

3. The Spelling Window 85

i. Introduction 85

ii. Dictating Into the Spelling Window 85

iii. International Communications Alphabet (ICA) 86

iv. Navigating the Spelling Window 87

v. Deleting in the Spelling Window 87

vi. Editing a Choice 87

vii. Correcting Acronyms 87

viii. Playing Back in the Spelling Window 88

4. Smart Format Rules 88

i. Introduction 88

ii. Smart Format Rule Options 89

iii. Disabling the Smart Format Rules 92

5. Improving Your User Profile 92

i. Improving Your User Profile 92

ii. Saving Your User Profile 92

iii. When Not to Use Your User Profile 93

iv. Saving Your User Profile on Exit 93

v. Saving Your Work (an aside) 93

6. Train During Correction 93

7. Correct That 93

E. Dictating Numerics, Special Characters & Phrases 95

1. Summary of Punctuation & Characters 95

2. Formatting Numbers & Special Phrases 96

i. Introduction 96

ii. Tips for Speaking Numbers 97

iii. Numbers as Text or Numerics 97

iv. Forcing Numbers 97

v. Percent Sign (%) 98

vi. Currencies 98

vii. Postal Codes 99

viii. Telephone Numbers 99

ix. Numbers Mode 99

x. Fractions 100

xi. Dates 100

xii. Times of Day 101

xiii. Roman Numerals 101

xiv. Street Addresses 102

xv. Abbreviations & Contractions 102

xvi. Units of Measure 102

3. Commands, Dictation & Modes 103

i. Forcing Recognition 103

ii. Command Mode 103

iii. Dictation Mode 104

iv. Normal Mode 104

v. Summary of Modes 104

F. Dictating Uncommon Text 105

1. Spell Command 105

i. Introduction 105

© 2016 Alexandria Carstens of Speakeasy Solutions Inc.

ii. Spelling While You Dictate 105
iii. Spelling Window 106
iv. Spell Mode 106
2. Accented Letters 107
3. URLs & Email 107
i. URLs 107
ii. Email 108
4. Hyphenated Words 108
i. Introduction 108
ii. Automatic Hyphenation 108
iii. Removing Hyphenation 108
iv. Adding Hyphenation 109
5. Compound Words 110
i. Compounding 110
ii. Removing Compounding 110
6. Multiple Versions of a Word 111
7. Apostrophe Ess ('s), Plurals & Possessives 112
G. Formatting Text 115
1. Introduction 115
2. Formatting Specific Text 116
3. Formatting After the Fact 117
4. Text Alignment 117
5. Text Font & Size 118
6. Bulleted & Numbered Lists 119
7. Quotation Marks & Brackets 119
8. Automatic Punctuation 120
H. Controlling the Computer 121
1. Introduction 121
2. Pressing Keyboard Keys 122
i. Single Keyboard Key 122
ii. Multiple Keyboard Keys 122
iii. Function & Numeric Keys 123
3. Mouse Clicking 123

i. Click Command Options 123

ii. Menus & Buttons 124

iii. Alt Key Rule (Accelerator/Access Keys) 124

iv. Dialog Box Tabs 125

v. Drop-down Lists 126

vi. Scroll Boxes 128

vii. Radio Buttons & Check Boxes 128

viii. Text Boxes/Fields 128

ix. Navigating Your Computer via Keyboard 128

4. Starting Applications 129

i. Start Menu 129

ii. Shorter Names for Popular Applications 129

5. Opening Utilities 129

6. Opening Your Items 130

7. Opening Desktop Items, Documents & Folders 130

8. Adjusting Windows 130

9. Switching Between Open Windows 130

10. Exiting Dragon 131

11. Shutting Down & Restarting Your Computer 132

12. Disabling Dragon Commands 132

13. MouseGrid & Mouse Clicking 133

i. Mouse Clicking 134

ii. Mouse Positioning 134

14. Mouse Movements 135

i. Setup Options 135

ii. Moving a Specific Distance 135

iii. Dragging with the MouseGrid 137

iv. Moving & Dragging Fluidly 137

15. Available Commands 138

i. Natural Language Commands 138

ii. Command Browser 138

16. Basic Text Control Text Areas & Applications 141

i. Speaking Dictation & Commands 141

© 2016 Alexandria Carstens of Speakeasy Solutions Inc.

ii. Dictation Box 143

17. Text-to-speech 145

i. Introduction 145

ii. Visual Limitations 145

iii. Email & Correspondence Reading 145

iv. Proofreading & Dyslexia 146

v. Setup Options 146

vi. Execution 146

18. Voice Shortcuts for Desktop & Dragon Help Search 147

i. Introduction 147

ii. Setup Options 147

iii. Execution 147

19. Voice Shortcuts for Web Search 148

i. Introduction 148

ii. Execution 148

I. Refining Your Vocabulary 151

1. Vocabulary Editor Overview 151

i. Introduction 151

ii. Layout 151

iii. Written Form Conventions 152

iv. Spoken Form Conventions 153

v. Make That a Phrase & Add Spoken Form 153

2. Adding Items to the Vocabulary Editor 154

i. Introduction 154

ii. Adding a Phrase 155

iii. Adding Acronyms 156

iv. Adding Unusual & Foreign Words 158

v. Adding Words with Symbols 159

3. Deleting Vocabulary Items 159

4. Training Items 160

i. Training via the Vocabulary Editor 160

ii. Training via the Training Dialog Box 162

iii. Training via Selecting 162

5. Word Behaviour & Properties 162

i. General 162

ii. Default Formatting 163

iii. Use Printed Form 1 & 2 164

6. Legal Citations 165

7. Quick Phrase Addition 166

8. When to Correct & When to Add a Word or Phrase to the Vocabulary 166

9. Steps for Resolving Misrecognitions 167

10. Help from Speakeasy Solutions 167

11. Importing & Exporting Word Lists 168

i. Introduction 168

ii. Word List Formats 168

iii. Exporting Word Lists 168

iv. Preparing Word Lists for Importing 168

v. Importing Word Lists 169

12. Learn from Specific Documents 172

i. Improve Recognition Accuracy 172

ii. Document Formats for Analysis 173

iii. Performing the Analysis 173

13. Learn from Sent Emails 179

14. Prompted Vocabulary Personalization 181

J. Refining Your Audio 183

1. Introduction 183

2. Checking Your Microphone Settings 183

3. Playing Back Your Audio 183

i. Introduction 183

ii. Diminished Accuracy 184

iii. Setup Options 184

iv. Execution 185

v. Extras Toolbar 185

4. Accuracy Tuning 185

i. Introduction 185

ii. Running the Optimizer 186

© 2016 Alexandria Carstens of Speakeasy Solutions Inc.

iii. Automatic Accuracy Improvement *188*

5. Speed vs. Accuracy Slider 188

6. Reset Audio Calibration 189

K. Custom Voice Commands 191

1. Voice Command Overview 191

i. Text & Graphics aka Auto-Text *191*

ii. Step-by-Step *191*

iii. Macro Recorder *191*

iv. Advanced Scripting *192*

2. MyCommands Editor Dialog Box 192

i. MyCommands Overview *192*

ii. Maintaining a List of Commands *194*

3. Text & Graphics aka Auto-Text Commands 194

i. Introduction *194*

ii. Simple Text *194*

iii. Lists *196*

iv. Voice Fields *197*

v. Open-ended Text *199*

4. Step-by-Step Commands 200

i. Introduction *200*

ii. Keystrokes *201*

iii. Open (application) *201*

iv. Wait *203*

v. Type Text *203*

vi. Send Keys *203*

vii. Stop Listening *204*

viii. Microphone On *204*

ix. Microphone Off *204*

x. Completing the Command *204*

5. Macro Recorder Commands 204

6. Advanced Scripting Commands 207

7. Viewing Custom Commands 207

8. Editing, Duplicating & Deleting Custom Commands 208

i. Editing a Command 208

ii. Creating a New Copy of a Command 208

iii. Deleting a Command 209

9. Sharing Commands 209

i. Rationale 209

ii. Exporting Commands 209

iii. Importing Commands 210

iv. Changing the Group & Availability of Multiple Commands 211

L. User Profile Maintenance 213

1. Backing up Your User Profile 213

i. Rationale 213

ii. Automatic User Profile Backup & Restore 213

iii. Manual User Profile Backup (Dragon Export) 215

iv. Manual User Profile Backup (From Hard Drive) 216

v. Backup Frequency & Organization 216

vi. Known Good User Profile 216

vii. User Profile Import 217

2. Computer Use Tips & Maintenance 218

i. Restarting Your Computer 218

ii. Try Turning It off and on Again 218

iii. Multiple Monitors 218

iv. Eliminate Unnecessary Applications 218

v. Antivirus 218

vi. Defragmenting & Updating 218

vii. Scheduled Maintenance Summary 219

3. Achieving Maximum Accuracy 219

i. Short Term Summary 219

ii. Long Term Summary 219

4. Achieving Maximum Productivity 219

5. Incorporating Speech Recognition Into Your Routine 220

M. Tips for Frequently Used Applications with Dragon 221

1. Introduction 221

© 2016 Alexandria Carstens of Speakeasy Solutions Inc.

2. Microsoft Windows Explorer 221
3. Open & Save Dialog Boxes 222
4. Web Browsers & HTML Interfaces 222
5. Microsoft Office 224
6. Microsoft Word 225
7. Microsoft Outlook 225
8. Microsoft Excel 225
9. Microsoft PowerPoint 226
10. Facebook & Twitter 226
11. Gmail, Yahoo Mail, & Outlook.com 226

N. Multicomputer Setups 227

1. Dragon Edition Workflow 227
2. Roaming User Profile 227
   i. Introduction 227
   ii. Specifics of Use 227
   iii. Implementing 228
3. Remote Desktop Connection 228

O. Saving Your Recorded Speech 229

1. Introduction 229
   i. Why Save Your Recorded Speech 229
   ii. Setup Options 229
2. Creating & Saving Documents with Recorded Speech 229
   i. Rules & Conventions 229
   ii. DragonPad 230
   iii. Microsoft Word 230
   iv. Speech File Handling 231
3. User Proofreading 231
4. Assistant (Correctionist) Proofreading 231
   i. Introduction 231
   ii. Playing Back Dictated Audio Associated with Text 231
   iii. Editing versus Correcting 233
   iv. Correcting Via Specific Selection 233
   v. Correcting Via Continuous Playback 235

vi. Editing 236

5. Saving a User Profile 236
6. Vocabulary Refining & Correction Concepts 236
7. Correctionist Only Editing 237
8. Correctionist Summary 237
9. Speakeasy Solutions Training 237

P. Digital Audio Recorder Dictation Source 239

1. Supported Audio File Formats 239
2. Setting up the Digital Audio Recorder 239
3. Process Overview 239
4. Creating & Using an Appropriate User Profile for Transcription 239

i. User Profile with Microphone & Audio Recording 239

ii. One-Off Transcription of Audio Recording 240

iii. Regular Transcription of Audio Recording without Microphone Use 241

5. Fine-tuning Your User Profile 243
6. How to Dictate for Dragon Transcription 243

i. Microphone Position 243

ii. How to Speak (Quick, Clear, Complete & Continuous) 244

iii. Dictating New Lines & Paragraphs 244

iv. Dictating Punctuation 244

v. Dictating Numbers 245

vi. Dictating Unusual Names 245

vii. Dictating in Different Environments 245

viii. Dictating Capitalization 245

7. Downloading Dictation Files from the Digital Voice Recorder 246
8. Transcribing Dictation 246

i. Initiating Transcription 246

ii. Choose a File or Files and Destination Folder 246

iii. Transcription Options 247

iv. Transcription 248

9. Correcting & Editing Transcribed Digital Voice Files 249

i. General 249

ii. Keyboard & Mouse Correction in DragonPad 249

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iii. Playback Correction 250

iv. Editing 251

v. Saving the Document & Dragon 251

10. Editing after Correction 252

11. AutoTranscription 252

i. Introduction 252

ii. Setup 252

iii. Using the ATFA 255

Q. Additional Vocabularies 257

1. Why Use This Feature 257

2. Creating Additional Vocabularies 257

3. Improving Your New Vocabulary's Performance 258

4. Accuracy Dialog 258

5. How to Open Your Desired Vocabulary 259

6. Export & Import Your Vocabulary 259

7. Additional Vocabulary Summary 261

R. Managing Dictation Sources & User Profiles 263

1. Introduction 263

2. Creating Additional Dictation Sources 263

3. Additional User Profiles 263

i. Introduction 263

ii. Create a New User Profile 263

iii. Setting Up Your New User Profile 263

iv. Multiple User Profiles 264

v. Renaming & Deleting a User Profile 264

vi. Additional User Profile Summary 265

S. Additional Tips & Tricks 267

1. Healthy Voice Computing 267

i. Water 267

ii. Speech 267

iii. Your Body 267

iv. Stretching 267

2. Using Dragon When Sick 268

i. Introduction 268

ii. Solution 268

3. Speakeasy Solutions Blog 268

4. Speakeasy Solutions Newsletter 268

5. Troubleshooting 269

i. Introduction 269

ii. Audio 269

iii. Constant Misrecognition 270

iv. Accuracy Issues 271

v. A Slow Dragon 272

T. What Now? Activities After Speakeasy Solutions' Training 273

1. Save Now, Save Often 273

2. Make Regular Backups of Your User Profile 273

3. Learn from Specific Documents 273

4. Refine Your Vocabulary 273

5. Perform Accuracy Tuning 273

6. Create Custom Commands 274

7. Remembering Commands 274

8. What Happens If…/How Can I…? 274

Reference Sheets 275

1. International Communications Alphabet 275

2. Summary of Punctuation & Characters 276

3. Speakeasy Solutions Top Commands 277

4. Dragon Commands 278

1. Mousing Commands 282

5. Windows Explorer Commands 283

6. Internet Explorer Commands 283

7. Mozilla Firefox Commands 284

8. Google Chrome Commands 285

9. Microsoft Word Commands 285

10. Microsoft Outlook Shortcut Commands 287

11. Microsoft Outlook Main Commands 287

12. Microsoft Outlook Express Commands 289

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13. Facebook & Twitter Commands 289
14. Gmail & Hotmail Commands 289
15. Microsoft Excel Commands 289
16. Microsoft PowerPoint Commands 291
Index **293**

Use Dragon to perform two very important tasks:

Transcribe your voice into text.

Voice automate computer functions.